## 55 x 5 Manifesting

Write a list of your goals below.			
Choose one goal from the list above to work on.			
If necessary, rewrite your goal as if it has already happened and be sure to include gratitude or thanks. For example, <i>I am so grateful for doubling my monthly income</i> .			

## 55 x 5 Manifesting

Find a quiet and/or inspirational space to write your goal 55 times for 5 consecutive days.

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## **Happy Manifesting!**

